

## What happens if I miss a session?

You have to be at every session. If you miss one, you will need to do a catch-up session before you can carry on with the group. If you miss two sessions without good reason you will be in breach of your order and you may have to go back to court.

Please talk to us if you are having problems attending sessions. We will try to help.

## When and where is it held?

Please ask your probation supervisor about the nearest course.

**You will be expected to attend a group up to twice a week.**

Group rooms are situated on our own premises or external premises which have been assessed to meet the appropriate standards.

We have CCTV for your safety and to record the tutors for training purposes.

## Your rights

### You have the right to:

- be treated fairly, without discrimination. You must also treat others in this way
- talk to the tutor about your progress. You can have a copy of the report written by the programme facilitator at the end of the programme
- make a complaint. Try to sort it out with the tutor first, then with their manager. If you are still not happy, there is a formal complaints procedure that you can follow. Leaflets with further information are available in the probation office waiting area or see our website.

## Any questions?

If you have any questions please ask your probation supervisor.

If you need help to understand this leaflet or you need it in another language or format please ring us on 01622 239147.

[www.ksscrc.co.uk](http://www.ksscrc.co.uk)

Kent  
Surrey  
& Sussex

Community Rehabilitation Company



*reducing reoffending, improving lives*

## Drink Impaired Drivers



*Seetec*  
JUSTICE

# What is Drink Impaired Drivers?

**This programme challenges your attitude to alcohol and driving and looks at the consequences for you and other road users. The court may have ordered you to attend this programme as part of your sentence, or it may be a condition of your prison licence because of a drink-driving offence.**

## The programme will help you to:

- understand how alcohol affects the body and your driving skills
- plan so that you don't need to drive after drinking
- think about your drinking patterns and understand why you drink
- look at why you committed the offence
- talk about the effects your behaviour has on other people
- drive safely.

# What will it involve?

The programme consists of 14 two hour group sessions and a one hour one-to-one session with a programme facilitator.

Areas the programme aims to develop include:

Session	Aims
<b>Consequences</b>	Helps to increase your knowledge of the consequences of drink-driving and how it affects you and others.
<b>Alcohol and units</b>	Helps you to count units of alcohol in your drinks so you can identify if you are within the legal limit to drive.
<b>Generating alternatives</b>	Helps you to explore alternative options to drink- driving.
<b>Planning</b>	Helps you to identify and plan ahead so you can avoid situations where you might be at risk of drink-driving.

# What will I need to do?

## You will need to:

- talk about what you have done and, if necessary, make changes in your life to avoid reoffending
- attend all sessions, arrive on time and stay to the end
- join in group discussions
- be open minded, respectful and listen to what others say and think
- respect confidentiality
- complete some tasks outside of the group
- arrive with a clear head, not under the influence of drugs, alcohol or solvents
- turn off your mobile phone during sessions.