

Information for prisons

DELIVERING THROUGH THE GATE

We deliver our Through the Gate (TTG) service through a framework called My Solution Rehabilitation Programme or MSRP for short. It is designed to challenge attitudes, change behaviours and develop the skills required by service users to achieve a crime-free life. In so doing, we reduce reoffending and help keep communities safe.

MSRP is applicable to those in custody or under community supervision. Those in prison are helped to prepare effectively for resettlement and receive ongoing rehabilitation in the community.

Service users work with our staff who are part of dedicated 'Resettlement' teams. They are based in community hubs near to the prison, as opposed to being in fixed teams on prison premises.

This unique approach means the team remains community-focused and is able to reach in and lead service users out 'through the gate', increasing their chances of re-integrating back into society and simultaneously reducing reoffending.

OUR COMMITMENTS

We work closely with prisons to deliver timely, high quality assessments of risk and need, and to produce resettlement plans which detail how these will be addressed through MSRP. We are committed to the following:

- completion of resettlement plans within five business days following receipt of initial basic custody screening
- delivering the plan either as sole provider or together with partner organisations
- pre-release planning to be done no later than 12 weeks prior to release, including 'day one' planning
- where appropriate, meeting service users at the gate
- arranging a face-to-face appointment with all service users on the next business day after release
- reviewing the resettlement plan within 10 days of this first appointment
- ensuring recall documents are produced in a timely manner and meet required quality standards.

SUPPORTING THE RESETTLEMENT PLAN

MSRP is comprised of seven 'routeways' through which we focus on key risk areas to support service user resettlement. These include mandatory elements of Through the Gate:

- accommodation/employment – dealing with issues such as retaining jobs and homes whilst in prison and finding new ones on release
- finance and debt management - addressing immediate financial implications of being in custody such as supporting a family and preventing debt escalation; working with service users to develop skills required to regain control of finances on release
- help for victims of domestic abuse/sexual violence and for sex workers – brokering services from partners specialising in this kind of support
- female service users – bespoke services and delivery for women by women

ADDITIONAL REHABILITATION SUPPORT

Through MSRP, additional rehabilitation support can be built into a resettlement plan so behavioural change is addressed, giving service users skills to make sustainable changes to their lives and avoid reoffending.



OUTLOOK

Outlook is designed to help service users understand and create choices, drive consequential thinking and personal responsibility, build confidence and assist change.



HOME

Home is concerned with having settled permanent accommodation and focuses on those things that help people become part of the community. It covers practical issues, such as how to set up payment schemes for utilities, as well as securing a tenancy and the different types of tenancies available.



MONEY

Money focuses on the issues of finance, benefit and debt. Modules are designed to help service users manage their money better. Sessions include managing debt, sourcing help and taking control.



HABIT

Addiction is covered by experts outside the KSS CRC; however we believe the thinking associated with substance misuse needs rehabilitation support. Habit covers the nature of addiction, how it links to low self-esteem and introduces steps to regain control.



FUTURE

Future is about the steps needed to locate and secure work, how this is linked to training and education and how the service user can take action themselves to improve their employment chances.



SUPPORT

Support encourages the service user to think about their responsibilities and what their actions have meant for their families and loved-ones. It encourages them to maintain contact with families when in prison and looks at ways in which they can maintain their relationships.



HEALTH

Health modules demonstrate ways in which health care can be accessed. It looks at ways to stay healthy, the importance of diet and weight management as well as sexual health issues.



WORKING WITH DELIVERY PARTNERS

We work closely with other organisations that provide support while the service user is in custody and once they return to the community. This way we co-ordinate and signpost to existing provision, avoiding duplication of services and ensuring support is complementary and to the benefit of the service user.

WORKING WITH OTHER CRCS AND THE NPS

These services are unique to KSS CRC and will be available to allocated service users. To ensure that all service users get the best resettlement support possible, our additional rehabilitation services will also be available for purchase to other CRCs and the National Probation Service (NPS).

FOR MORE INFORMATION, PLEASE CONTACT

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